DESIGN AND CONTROL OF A LOWERKNEE PROSTHESIS

by

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DESIGN AND CONTROL OF A LOWERKNEE PROSTHESIS

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M.Sc. THESIS EXAMINATION RESULT FORM

We have read the thesis entitled “DESIGN AND CONTROL OF A LOWERKNEE PROSTHESIS” completed by ÖZER TAĞA under supervision of PROF. DR. EROL UYAR and we certify that in our opinion it is fully adequate, in scope and in quality, as a thesis for the degree of Master of Science.

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DESIGN AND CONTROL OF A LOWER KNEE PROSTHESIS

ABSTRACT

In this thesis, transfemoral amputations and prosthetic knees evolved for transfemoral amputations are investigated and the electronic control unit of prosthetic knees is designed. The first stages of this work contain information about human walking in medical meaning and bipedal walking. Then, definition of transfemoral amputations, leg biomechanics when walking and phases of walking is discussed. After that, prosthetic knee design for transfemoral amputations is mentioned and prosthetic knees developed by worldwide companies are investigated and discussed in details. At the last stage, electronic control unit is designed and produced for prosthesis used by above knee amputees.

Keywords: Transfemoral amputation, prosthetic knee, bipedal walking, electronic control of prosthetic knee.
DİZ ALTI PROTEZ AYAK TASARIMI VE KONTROLÜ

ÖZ


Anahtar sözcükler: Diz üstü ampute, protez bacak, iki ayaklı yürüme, protez bacak elektronik kontrolü.
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CHAPTER ONE
INTRODUCTION

1.1 Introduction to Walking

Human beings possibly have the most complex structure on this planet. This human body structure is single but comes into existence of billions of smaller structures of four major kinds. Unfortunately, some parts of this structure sometimes could not function properly because of diseases, accidents such as an amputation. In this thesis, limb amputation, one of the body amputations, will be discussed in details.

The reason why lower knee prosthesis is investigated in this study is that walking is one of the most important and composite process of human body. The knee is the significant role at human walking especially stability of walking, and so worth of knee prosthesis for the above knee amputation is understandable.

For this purpose, firstly, walking will be discussed in terms of anatomical meaning and also in terms of its technical meaning.

1.2 Anatomy of Walking

In this part information about anatomy of walking is given briefly and simply to understand engineering meaning of walking connecting to anatomical meaning for the following parts.

1.1.1 The Feet and Legs

Walks are very complex. Not only do the feet have to move across the ground, but
the hips, spine, arms, shoulders and head all move in sync to maintain balance in the system. Though complex, if you break down each of these movements joint by joint, the mechanics of walking become clear.

The feet and legs propel the body forward. To keep your character looking natural, you should always keep the joints bent slightly, even at full leg extension.

The walk usually starts with the feet at the extended position – where the feet are furthest apart. This is the point where the character’s weight shifts to the forward foot.

As the weight of the body is transferred to the forward foot, the knee bends to absorb the shock. This is called the recoil position, and is the lowest point in the walk.

This is halfway through the first step. As the character moves forward, the knee straightens out and lifts the body its highest point. This is called the passing position because this is where the free foot passes the supporting leg.

As the character moves forward, the weight-bearing foot lifts off the ground at the heel, transmitting the force at the ball of the foot. This is where the body starts to fall forward. The free foot swings forward like a pendulum to catch the ground.

The free leg makes contact. This is exactly half the cycle. The second half is an exact mirror of the first. If it differs, the character may appear to limp.

1.1.2 The Hips, Spine and Shoulders

The body’s center of gravity is at the hips - all balance starts there, as does the rest of the body’s motion. During a walk, it’s best to think of the hips’ motion as two
separate, overlapping rotations. First, the hips rotate along the axis of the spine, forward and back with the legs. If the right leg is forward, the right hip is rotated forward as well. Second, at the passing position, the free leg pulls the hip out of center, forcing the hips to rock from side to side. These two motions are then transmitted through the spine to the shoulders, which mirror the hips to maintain balance.

When the feet are fully extended, the hips must rotate along the axis of the spine. To keep balance, the shoulders swing in the opposite direction. From the front, the spine is relatively straight, but from the top, you can see how the hips and shoulders twist in opposite directions to maintain balance.

At the passing position, the front view shows the hip being pulled out of center by the weight of the free leg. This causes a counter-rotation in the shoulders. From the top, however, the hips and shoulders are nearly equal angles.

At the extension of the second leg, the hips and shoulders again are flat when viewed from the front. From the top, however, you can see the rotation of the hips and shoulders has completed.

1.1.3 The Arms

Unless the character is using its arms, they’ll generally hang loose at the sides. In this case, they generally act like pendulums, dragging a few frames behind the hips and shoulders.

Even at full extension, try keeping the arms slightly bent at the elbows. This will keep them looking natural.
1.1.4 The Head

In a standard walk, the head generally tries to stay level, with the eyes focused on where the character is going. It will then bob around slightly to stay balanced. If a character is excited, this bobbing will be more pronounced. The head may also hang low for a sad character, or may look around if the scene requires it.

1.2 Leg Biomechanics

In order to understand the differences in prosthetic knees and their applications to amputations, it is first necessary to understand something about the natural function of the knee and leg.

Knee flexion occurs when the leg is bent dorsally (towards the back), whereas extension occurs when the leg is straightened. The muscular insertions responsible for flexing and extending the leg are not present in a transfemoral amputee. Therefore, the amputee must compensate by changing their gait or by means of their prosthetic knee.

Figure 1.1 Flexion and extension.
1.3 Phases of Walking

When we walk, one foot or the other is always in contact with the ground. Each leg is constantly transitioning, going from standing and supporting our weight to swinging through from behind to in front of us to get ready for the next step. The legs are always transitioning from stance to swing, which is why our walking motion is divided into what we call the “swing phase” and the “stance phase.” (Figure 1.2)

![Figure 1.2 Gait cycle.](image)

1.3.1 Stance Phase

The stance phase is from the foot contacts with the ground until it rises from the ground. It takes approximately 60 percent of the gait cycle.

The stance phase divided in three phases. (Figure 1.3)

1.3.1.1 Initial Contact and Heel Strike

The stance phase begins with heel strike shown as 1 in figure. This phase commences when the heel strikes the ground with the leg in full extension, and progresses through a few degrees of flexion. The period ends when the forefoot
makes contact with ground and it lasts for about 25 percent of stance phase.

Figure 1.3 The stance phase of walking.

1.3.1.2 Mid Stance

In mid stance, the leg and foot are in stable and the center of gravity is directly over the foot and the knee is in full extension. It is shown as 2 in figure. In this phase, the other leg is in swing phase so that all weight of human body effects on stance foot. This period lasts for about 50 percent of stance phase.

1.3.1.3 Terminal Stance and Heel Off

This phase is final stage of stance phase and continues until the center of gravity is directly over the contralateral foot and initial foot lifts off the ground. When just the tips of your toes are touching the ground behind you, you've reached the end of the stance phase.

After the stance phase ends, now you're transitioning into the swing phase.
1.3.2 Swing Phase

The swing phase is the time when the foot is in air. It takes approximately 40 percent of the gait cycle. The swing phase begins when the foot is lifted from the floor until the heel is placed down. While walking the thorax rotates in clockwise and counterclockwise directions opposite the pelvic rotations. Some people display more rotation of the thorax, while others display more rotation of the pelvis. With each step the pelvis drops a few degrees on the side of the non-weight bearing, or swinging, leg. While the leg is swinging, the hip abductors of the weight bearing leg contract in order to prevent the pelvis from falling excessively on the unsupported side.

The swing phase divided in three phases.

1.3.2.1 Initial Swing

This part of swing phase is from the toe heel off to opposite foot in stance phase. It begins the moment the foot leaves the ground and continues until maximum knee flexion occurs, when the swinging extremity is directly under the body and directly opposite the stance limb. (Radu & Baritz, 2007)

1.3.2.2 Mid Swing

The mid swing phase is from end of initial swing to the swing limb is in front of the body and the tibia is vertical.

1.3.2.3 Terminal Swing

The terminal swing phase begins tibia is vertical and ends until the foot contacts with ground.
2.1 Limb Amputation

There are several levels at which the surgeon can amputate a limb that is shown Figure 2.1. The most common are:

- Through the foot
- Ankle (Syme)
- Below the knee (transtibial)
- Through the knee (knee disarticulation)
- Above the knee (transfemoral)
Figure 2.1 Common levels of limb amputation.

1. Above knee (transfemoral)
2. Through knee (knee disarticulation – Gritti Stokes)
3. Below knee (transtibial)
4. Ankle (ankle disarticulation – Symes)
5. Forefoot (transmetatarsal)
The level of amputation depends on where there is the greatest blood flow and, therefore, the greatest possibility of healing. The surgeon often attempts to save the knee, because the energy cost of walking with an intact knee is much less than without it. The most common problems during the immediate post-surgery period are wound healing, infections, limited range of motion, swelling, and pain in the residual limb. The goals of this part of recovery are adequate healing of residual limb, optimizing nutrition, minimizing pain and swelling, and slowly starting the rehabilitation process. (Cristian, 2005)

There is Amputee Statistical Database Report for Lower Limb Amputation in the UK specified below at Figure 2.2 and Figure 2.3.

Figure 2.2 Number of limb amputation by level and year April 1997 to March 2006.
2.2 Syme

A Syme amputation was named for James Syme, a noted University of Edinburgh surgeon, in the mid-1800s. This amputation is an ankle disarticulation in which the heel pad is kept for good weight bearing. The Syme amputation results in a residual limb that possesses good function due to the long lever arm to control the prosthesis and the ability to ambulate without the prosthesis.

Associated problems with the Syme amputation include an unstable heel flap, development of neuromas of the posterior tibial nerve, and poor cosmesis. Performed properly, the residual limb is ideally suited for weight bearing and lasts virtually the life of the patient.

The bulky residual limb that results from a Syme amputation may be streamlined by trimming the remaining metaphyseal flares of the tibia and fibula.
2.3 Transtibial Amputation

Transtibial amputation levels are divided in three parts.

2.3.1 A Very Short Transtibial

A very short transtibial amputation occurs when less than 20% of tibial length is present. This amputation may result from trauma and is usually not done as an elective procedure. A very short transtibial amputation results in a small-moment arm, making knee extension difficult.

2.3.2 A Standard Transtibial

A standard transtibial amputation occurs when between 20 and 50% of tibial length is present. An elective amputation in the middle third of the tibia, regardless of measured length, provides a well-padded and biomechanically sufficient lever arm. At least 8 cm of tibia is required below the knee joint for optimal fitting of a prosthesis.

2.3.3 A Long Transtibial

A long transtibial amputation occurs when more than 50% of tibial length is present. This amputation is not advised because of poor blood supply in the distal leg.
The level of tibial transaction should be as long as possible between the tibial tubercle and the junction of the middle and distal thirds of the tibia. A long posterior flap for transtibial amputations are advantageous because it is well vascularized and provides an excellent weight-bearing surface. In addition, the scar is on the anterior border, an area that is subject to less weight bearing. The deep calf musculature is often thinned to reduce the bulk of the posterior flap.

In a transtibial amputation, the fibula is transected 1 to 2 cm shorter than the tibia to avoid distal fibula pain. If the fibula is transected at the same length as the tibia, the patient senses that the fibula is too long which may cause pain over the distal fibula. The fibula is cut too short, a more conical shape, rather than the desired cylindrical – shape residual limb results. The cylindrical shape is better suited for total contact prosthetic fitting techniques. A bevel is placed on the anterior distal tibia to minimize tibial pain on weight bearing. To avoid a painful neuroma, a collection of axons and fibrous tissue, nerves should be identified, drawn down, severed, and allowed to retract at least 3 to 5 cm away from the areas of weight-bearing pressure.

2.4 Transfemoral Amputation

Still, more transfemoral amputations are required than many people realize. Of the more than 1.2 million people in the United States living with limb loss, 18.5 percent are transfemoral amputees, according to the latest figures provided by the National Center for Health Statistics. The study provided to us by the National Limb Loss Information Center (NLLIC), shows that there were 266,465 transfemoral amputations performed in the United States from 1988 through 1996 (the most recent years available). That's an average of 29,607 annually. Of almost 150,000 amputations performed in the US in 1997, over 35,000 were transfemoral. Statistically, almost one of every five people living with limb loss in this country has a transfemoral amputation.
Transfemoral amputation is most commonly known as an above-knee amputation, or AK. It's referred to as a transfemoral amputation because the amputation occurs in the thigh, through the femoral bone (femur). Most of these amputations occurred as a result of severe vascular and diabetic disease, with a poor potential to heal a lower level amputation. However, other etiologies included severe soft tissue, vascular, neurological and bone injury resulting from trauma. Additionally, some amputations occurred as a result of severe infection or tumor. Upon amputation, the amputee begins a large rehabilitation process that will involve his surgeon, prosthetist and therapist. But the surgeon has the first and most immediate responsibility, to perform a good amputation. That involves leaving as much residual limb as possible, preserving the adductor, and effective suturing of the remaining soft tissue. It has been shown that the length of the residual limb is inversely related to the energy consumption in walking with prosthesis. Because abduction of the femur is a common problem amongst transfemoral amputees affecting both their gait and energy consumption, preservation of the adductor (to balance the abductor) is important.

While the transfemoral amputation level is fairly common, there's nothing simple about adjusting to life after surgery. The person living with transfemoral limb loss faces distinct challenges, such as increased energy requirements, balance and stability problems, the need for a more complicated prosthetic device, difficulty rising from a seated position, and, unlike with amputation levels in the tibia and the foot, prosthetic comfort while sitting.

2.5 Comparison of Transfemoral Amputation with Others

2.5.1 Energy and Speed

No amputation is “easy” to adapt to, but the transfemoral certainly offers more challenges than amputations in the calf or foot. Figure2.4 shows that the higher the
amputation level, the more energy needed for walking.

A study by Dr. Robert L. Waters and co-workers titled *Energy Cost of Walking of Amputees: The Influence of Level of Amputation*, which was published in *The Journal of Bone and Joint Surgery* (1976), looked at gait and energy use among 70 people with lower-limb amputations. Transfemoral, transtibial and Syme amputations resulting from vascular disease and trauma were compared among the participants with limb loss and to a control group of individuals without amputations. As Graph 1 illustrates, the chosen velocity of walking for vascular amputees was 66 percent of that for nonamputees at the Syme level, 59 percent at the transtibial level and 44 percent at the transfemoral level. Among trauma amputees, velocity was 87 percent for the transtibial level and 63 percent for the transfemoral level. In short, the higher the amputation level, the slower the walking speed. Trauma amputees walked faster than vascular amputees primarily because of age differences and overall health status. By the time blood vessels in the legs are diseased to the point where amputation is needed; individuals with vascular disease also have significant disease of the blood vessels in the heart and lungs. Gait improved and the energy required for prosthetic walking significantly decreased as amputation levels moved toward the foot.
Measuring energy required for walking is tricky. We're not counting just the energy needed for each step; we're also looking at the energy used over a particular distance. In some circumstances, each step for a transfemoral amputee requires more energy than it does for a transtibial amputee, but in other circumstances, the energy per step can be the same or even a little less. Because the stride length for a transfemoral amputee is shorter, however, it takes many more steps to cover the distance. Therefore, when the total energy used by a transfemoral amputee to get from point A to point B is added up, it will probably have taken him or her much more energy than it would have for a transtibial amputee to go the same distance, even though the transfemoral amputee's energy expenditure per step may be less because of the shorter stride.

To measure energy, subjects are outfitted with a mask and a backpack containing an oxygen tank. As the person breathes in and out, sensitive monitoring equipment measures the amount of oxygen being inhaled and exhaled through the mask over a
set distance. This oxygen use is then converted to the amount of energy that's required to cover that distance. If your energy requirements increase, you breathe faster and use more oxygen. Figure 2.5 shows that the higher the amputation level, the more energy expended per meter traveled. (Douglas, 2004)

Figure 2.5 Oxygen consumed per meter traveled.
CHAPTER THREE
PROSTHETIC KNEE

3.1 History of Prosthetics

The earliest evidence of an amputee is a 45,000-year-old human skull in the Smithsonian Institute that has teeth shaped and aligned in such a way to indicate he was an upper extremity amputee.

3.1.1 The prostheses of the ancient

Cultures began as simple crutches or wooden and leather cups. This evolved into a type of modified crutch or peg to free the hands for everyday functions. An open socket peg leg held cloth rags to soften the distal tibia and fibula and allow a wide range of motion.

With the birth of the great civilizations of Egypt, Greece and Rome came the development of the scientific approach toward medicine and subsequently prosthetic science. Pliny the Elder wrote of Marcus Sergius, a Roman general who sustained injuries and a right arm amputation during the second Punic war (218 and 210 BC). An iron hand was fashioned to hold his shield, and he returned to battle.

The Dark Ages was a time in which there was little scientific illumination. There were not very many prosthetic alternatives available to the amputee except basic peg legs and hand hooks, which only the rich could afford. Knights had cumbersome prostheses made by their armorers for use in battle, but they were more cosmetic than functional.
3.1.2 The prostheses from Renaissance to Today

According to development at medical, science and philosophy, prostheses during Renaissance were generally made of iron, steel, copper and wood.

In late 1500s, French Army barber/surgeon Ambroise Paré is considered by many to be the father of modern amputation surgery and prosthetic design. He introduced modern amputation procedures (1529) to the medical community and made prostheses (1536) for upper- and lower-extremity amputees. He also invented an above-knee device that was a kneeling peg leg and foot prosthesis that had a fixed position, adjustable harness, knee lock control and other engineering features that are used in today's devices. His work showed the first true understanding of how prosthesis should function. A colleague of Paré's, Lorrain, a French locksmith, offered one of the most important contributions to the field when he used leather, paper and glue in place of heavy iron in making prosthesis. (Figure 3.1)
In 1696, Pieter Verduyn developed the first nonlocking below-knee (BK) prosthesis, which would later become the blueprint for current joint and corset devices.

In 1800, a Londoner, James Potts, designed a prosthesis made of a wooden shank and socket, a steel knee joint and an articulated foot that was controlled by catgut tendons from the knee to the ankle. It would become known as the “Anglesey Leg” after the Marquess of Anglesey, who lost his leg in the Battle of Waterloo and wore
the leg. William Selpho would later bring the leg to the U.S. in 1839 where it became known as the “Selpho Leg.”

In 1843, Sir James Syme discovered a new method of ankle amputation that did not involve amputating at the thigh. This was welcome among the amputee community because it meant that there was a possibility of walking again with foot prosthesis versus leg prosthesis.

In 1846, Benjamin Palmer saw no reason for leg amputees to have unsightly gaps between various components and improved upon the Selpho leg by adding an anterior spring, smooth appearance, and concealed tendons to simulate natural-looking movement. (Figure 3.2)

Figure 3.2 At the Crystal Palace in London, 1851.
Douglas Bly invented and patented the Doctor Bly's anatomical leg in 1858, which he referred to as “the most complete and successful invention ever attained in artificial limbs.”

In 1863, Dubois Parmlee invented an advanced prosthesis with a suction socket, polycentric knee and multi-articulated foot. Later, Gustav Hermann suggested in 1868 the use of aluminum instead of steel to make artificial limbs lighter and more functional. However, the lighter device would have to wait until 1912, when Marcel Desoutter, a famous English aviator, lost his leg in an airplane accident, and made the first aluminum prosthesis with the help of his brother Charles, an engineer.

In the World War I, prosthetics were further enhanced because of telephones and phone directories. Medical doctors were able to place illustrated ads, creating more customers. (Figure 3.3)

![Figure 3.3 Sample ads from a Chicago phone book.](image)

Following World War II, veterans were dissatisfied with the lack of technology in their devices and demanded improvement. The U.S. government brokered a deal with military companies to improve prosthetic function rather than that of weapons. This
agreement paved the way to the development and production of modern prostheses. Today's devices are much lighter, made of plastic, aluminum and composite materials to provide amputees with the most functional devices.

3.2 Designing Prosthetic Knee

In general, prosthetic limb has regenerative and electronically controlled prosthetic joints. More specifically, it is converting electrical energy to mechanical energy. The electrical energy can be used for assisting with an amputee’s gait cycle or providing power to various other electrical energy consuming devices associated with the amputee.

Lower limb amputations can be divided commonly in two types;

- Below knee (BK)
- Above knee (AK)

A below knee amputation is related to a line through the tibia and fibula of lower leg; with knee joint remaining intact. An above knee amputation, however, is a transfemoral amputation we know; meaning that the knee joint is also removed.

Designing a prosthetic limb for an above knee amputee is a more complicated process than constructing for a below knee amputee. Below knee prosthesis is fitted to the amputee’s residual leg, with amputee’s knee joint. However, there is no natural knee joint for above knee amputee, an above knee prosthesis should be constructed to simulate knee flexion and extension for amputee’s satisfaction to use the prosthesis for normal walking. For this purpose, the flexible joint connection must be constructed and connected to lower leg portion to an upper socket portion which fits to the amputee’s residual leg. A prosthetic knee allows the amputee to freely swing
during the extension part of the gait cycle and also during the flexion part of the cycle. Some artificial knee joints cause problems for amputees such as instability at flexion and extension parts, for instance.

Controlling gait cycle of an above knee prosthetic leg, both basic and electronically controlled passive knee joints must be developed. These knees employ devices such as pneumatic and hydraulic cylinders, magnetic particle brakes, and other similar damping mechanisms, to damp energy generated during the gait cycle to control motion of a prosthetic knee. These damping devices also make resistance to bend knee joint for additional stability. These devices must be designed based on amputee’s weight, gait pattern and motion type, among other factors. In case of an electronically controlled passive prosthetic knee, a software enabled microprocessor adjusts the best. Electronic control systems associated with passive prosthetic knee also needs energy source as a battery for their operation.

The need for a highly active prosthetic knee to limit heel rise and terminal impact requires significant energy consumption by the amputee. The faster an amputee walks, the faster the prosthetic knee must move and the more energy is required for prosthetic leg, but unfortunately, most of energy is lost at the end of heel rise, or at terminal impact. If the amputee tries to walk faster, the energy dissipation will increase rapidly with speed.

In an attempt to solve these and other problems associated with known passive knee joints, active prosthetic knee joints have been developed. However, up until these active knee joints have suffered from various deficiencies including, among other things, the lack of accurate control, the lack of an acceptable actuator for imparting energy to the amputee’s gait cycle, and the inability to produce a sufficient power supply for purposed actuators that can also be easily transported. For instance, Hydraulic or pneumatic active prosthetic joints are developed, and so hydraulic or pneumatic pump is designed.
3.2.1 Developing Prosthetic Knee

According to many researches and studies, the amount of energy consumption for amputee is higher than non-amputee. All prosthetic knees are designed to overcome deficiencies like these.

During normal gait cycle, the human knee has been shown to absorb more energy than it expends. This is true both a normal and prosthetic knee joint.

3.2.2 Parts of Prosthetic Leg

The above knee prosthesis consists of five major parts of the system.

- The socket
- The knee
- The foot
- The components
- The alignment

Although, the knee part has been described in detail in the previous sections, it will be mentioned.

3.2.2.1 The Socket

This is the part of the prosthesis is to attach prosthetic leg to body. It's very important for the amputee’s comfort and for the knee unit work. Almost every transfemoral amputee believes that it is the most important aspect of the prosthesis. (Figure 3.4)
Figure 3.4 Sample sockets for transfemoral amputee.

The main functions of socket are to contain and protect the residual limb and to transfer forces from the residual limb to the prosthesis throughout all the amputee’s activities (walking, standing, etc.). Therefore, it must enhance comfort and be lightweight. A socket is by definition a Custom-Fit product as it has to be specially manufactured for each patient, following the specific characteristics of the transfemoral limb. It plays a fundamental role for the amputee both in comfort and in the functioning of the prosthesis. That is why Custom-Fit technology is the most appropriate for this type of product. The process to create both, the Check Socket and the Definitive Socket, with CF technology is as follows:

- Definition of amputee’s data such as age, weight etc.
- Designing socket according to amputee’s characteristic by using CAD program.
- Manufacturing socket

With the improvements in material science; carbon fiber, titanium and graphite sockets are produced especially for transfemoral athletes.
3.2.2.2 The Knee

This is the most important part of the prosthetic leg that involves:

- Knee joint
- Pneumatic cylinder
- Frame
- Microprocessor unit

The main function of knee joint is to support during stance and swing phases. Other functions are to impact absorption during weight acceptance and prevent center of mass rising during the stance phase.

The pneumatic cylinder is to compress air as the knee is flexed, storing energy, and then returning energy as the knee moves into extension.
The knee frame is to cover and protect knee joint, pneumatic cylinder and the microprocessor unit from the environment that is made of carbon fiber composite materials. Carbon fiber composite material is using for lightweight, strength and durability. In figure 3.5, 3.6 and 3.7 is example of knee frame that is designed by using CAD program.
The microprocessor unit is to control whole knee system. It is initially programmed according to amputee’s walking characteristics at various walking situations.
3.2.2.3 The Foot

The prosthetic foot is designed according to its tasks such as walking, dancing, cycling, swimming, golfing, snow skiing or running, so fifty models of prosthetic knee are available today. Most of prosthetic knees are made of plastic, metal alloys and carbon-fiber composites to reduce weight and to provide waterproof.
Prosthetic feet can be basic (unmoving), articulated (moving in one or more directions), or dynamic-response (storing and returning energy when walking, giving a sense of “pushing off,” much like the human foot). Today’s prosthetic feet may have toe and heel springs to allow more ankle movement and adjustable heel heights, and to absorb shock.

There is not only one foot that is perfect for every amputee. The doctor or prosthetist should choose the best prosthetic foot based on amputee’s data, age, weight, foot size, activity level, and job needs.

![Figure 3.8 The prosthetic foot.](image)

3.2.2.4 The Components

These are the parts that replace the various anatomic structures of the lower limb, such as the knee and foot, which were lost at birth or through amputation. These
parts range from simple to very complex and are often what people focus on most. Improvements in the design of and materials for prosthetic foot, ankle and knee components over the last several decades have been truly amazing, but to really appreciate the advantages of technologically advanced components, the amputee must have a good socket and proper suspension.

3.2.2.5 The Alignment

This is the unique way everything fits together – the way the socket, foot and knee are put together in three-dimensional space. Proper alignment ensures that the person isn't too bowlegged or knock-kneed and that the prosthetic knee doesn't buckle when the person stands. Proper alignment means getting the prosthetic knee under the socket in the right spot and the prosthetic foot uniquely positioned beneath the knee and the socket. Good alignment allows the components to accept and support body weight during the stance phase and to bend fluidly as the prosthesis moves through space during the swing phase. (Douglas, 2004)

3.3 A Functional Classification of Knee Mechanisms

3.3.1 Constant Friction Prosthesis

This design group ("single axis" prosthesis) is the oldest historically and consists of a simple axle connecting the thigh and shank segments. These prostheses are relatively inexpensive and simple to manufacture. Modern versions, such as that manufactured by Otto Bock, have an adjustable friction cell and spring loaded extension assist to improve swing phase function. (Figure 3.9)
Constant friction knees are best for level ground walking at constant speed but demand sufficient hip power to prevent the knee from buckling. More athletic amputees find this simple design too restrictive.

Biomechanically the Constant friction prosthesis gait resembles that of a patient with a flail leg (eg polio victim). The requirement in both is to keep the ground reaction line in front of the knee from initial contact through mid stance in order to maintain a stable extended knee joint. This ground reaction line should pass behind the knee in terminal stance to ensure ease of knee flexion. Therefore the optimal setting in constant friction prosthesis maintains the ground reaction line within the above parameters.

If a patient lacks hip power and cannot maintain an extended knee in early stance the prosthesis may be adjusted into “hyperextension", by moving the knee center backwards. However this makes knee flexion more difficult during swing phase. The
patient must fully unload the knee in order to flex it and this creates the characteristic delayed and abrupt knee flexion on entering the swing phase.

The Constant Friction prosthesis provides only a single fixed cadence during swing phase and therefore if a patient increases his or her walking speed the heel will rise excessively and prolong the swing phase. This encourages the patient to extend the contralateral stance phase by excessively plantar flexing the ankle. In other words he vaults over his prosthesis, not because it is too long, but because it is prolonging swing phase on that side. If this patient tries to run he or she hops off the biological leg as this effect is exaggerated. This was the gait pattern demonstrated by Terry Fox, a now famous amputee who attempted to jog across Canada several years ago.

The final problem with the Constant Friction knee is its tendency to give way on declines and on uneven ground.

3.3.2 Stance Control prosthesis

This knee prosthesis uses a weight activated braking mechanism which adds resistance to bending during stance only. This consists of a spring loaded brake bushing which binds when loaded during stance but is released during swing. The amount of "friction lock" is adjustable. However the brake tends to wear over time and no such device can support full body weight in extreme flexion. The amputee must also delay knee flexion until the device is fully unloaded during swing and this produces an inefficient gait. The device must be fully unloaded before sitting down. This makes it virtually impossible for a bilateral amputee to use Stance Control prostheses. Biomechanically this knee type best suits the elderly patient with poor hip control. Despite the need for periodic maintenance the Stance Control prosthesis remains very popular. (Figure 3.10)
3.3.3 Polycentric Knees

These complex designs comprise multiple centers of rotation. Many have four pivot points and are referred to as “4 bar linkage” devices. Essentially this consists of paired anterior and posterior, superior and inferior hinges linked together. Mechanically the summation of the potential polycentric rotations will determine an instantaneous center of rotation peculiar to a particular device. The stability in polycentric devices is described in terms of “and stability". Stability is determined by the distance that the instant center of rotation is behind the ground reaction line. The greater the distance the greater the inherent stability of the device during stance, just as for the above two types of device. The distance that the instant center of rotation is above the joint line determines the amount of voluntary control the patient has over the prosthesis and is referred to as the stability.
Most Polycentric Knees have their instant centers of rotation quite proximal and posterior for greater stability. Their stability is inherent in their design and not dependent on a brake bushing like the Stance Control device discussed above.

The instant center of rotation moves forward quickly in the swing phase, thus unlocking the joint and facilitating flexion but still offering excellent stance phase stability which allows load bearing during flexion. The polycentric knees shorten slightly during flexion thus adding additional toe clearance during mid swing.

A specific modification of the polycentric knee is available for the knee disarticulation patient, which has long linkage bars placed below the joint line. This offers cosmetic but not mechanical advantage. (Figure 3.11)
3.3.4 Manual Locking prosthesis

This device offers ultimate stability but is seldom required and produces an uncosmetic and energy-consuming gait pattern. It is useful for the manual laborer who demands stability in the limb. The remote release cable requires a free hand to release it prior to sitting; bilateral device require both hands. The patient falls into the chair with sudden release of both prostheses. Manual locking devices are rarely used. (Figure 3.12)

![Figure 3.12 Single axis with manual lock.](image)

3.3.5 Fluid Controlled Devices

These devices utilize a fluid (silicone oil) or gas filled piston which offers automatic hydraulic or pneumatic cadence control respectively. Fluid filled hydraulic devices are stronger. The device allows the amputee to vary their cadence at will. These devices produce the most normal gait parameters. They are relatively heavy
and expensive.

All five device types may be incorporated within prosthesis with a soft skin like covering (Endoskeleton) or may be left “exposed” as an Exoskeleton. The exoskeleton "bionic” look seems to have caught the imagination of the American public at least.

Many of the more recent knee prosthesis designs are hybrids which combine some of the properties of the above groups. Otto Bock, for instance, produce a titanium polycentric device which incorporates a mini hydraulic unit for swing phase control. Blatchford, U.K, have produced “bouncy” knees which control knee flexion during stance. Several "intelligent” knees are now available which incorporate microprocessors. (Figure 3.13) (Cormack, 2000)
3.4 Prosthetic Knee Technologies in the World

There are over 100 different prosthetic knee designs available. Space and other limitations make it impossible to showcase every recently marketed prosthetic knee, but here's a representative samples are discussed.

3.4.1 Otto Bock C-Leg

In 1997, Otto Bock HealthCare introduced the C-Leg, the world’s first fully microprocessor-controlled knee. With most prosthetic knees, users worry about stumbling or falling, and have to keep their prosthetic knee straight with each step. But C-Leg Technology changed all that. This remarkable knee immediately set a new standard for stability and performance against which all other knees are measured. (Figure 3.14)
C-Leg allows the user to seamlessly speed up or slow down, take on hills or slopes, recover from stumbles and go down stairs step-over-step. The application of science behind the knee is revolutionary by using microprocessors to control the knee’s hydraulic function. The knee is constantly being fine-tuned to adjust to the user’s movements – anticipating what the user is doing and accommodating every change in real-time.

C-Leg has more independence with the Adapting Swing Phase Dynamics feature. This gives C-Leg users the ability to slightly adjust swing phase for higher or lower dynamics for different activities. It’s a simple adjustment with the touch of the remote, and it won’t compromise the knee’s stability.

It has force sensors in the shin that use heel, toe and axial loading data to determine stance phase stability. A knee angle sensor provides data for control of swing phase, angle, velocity and direction of the moment created by the knee. Sensor technology adapts to movement by measuring angles and moments 50 times per second. The unit transfers information to the hydraulic valve allowing reaction to changing conditions. This mechanism results in an individual’s gait. It resembles natural walking on many different types of terrain. The C-leg uses a rechargeable battery that lasts 25 to 30 hours. When the battery drains of power, the knee goes into safety mode.

The C-leg was cleared by the US FDA in July 1999 based on its 510(k) application. In this patent application, Otto Bock stated that the C-leg (3C100) is a microprocessor-controlled knee joint system with hydraulic stance and swing phase control. The company claims that C-leg immediately adapts to different walking speeds and provides knee stability. Further, the company stated that C-leg is recommended for lower limb amputees weighing up to 110 kg (220 pounds) who have a moderate (level 2 or 3, i.e. AADL Functional Levels Prosthetic Lower Limb) functional level. The FDA cleared C-leg based on substantial equivalence to a
predicate device that was on the market prior to the enactment of the 1976 Medical Device Amendments to the Food, Drug and Cosmetic Act. As such, Otto Bock was not required to provide efficacy data that would be required for pre-market approval. (Craig, 2003)

### 3.4.2 Ossur Rheo Knee

Manufacturer Ossur collaborated with the Massachusetts Institute of Technology to produce a knee that automatically learns and adapts to the user's movements and adjusts swing and stance resistance for optimal response and stability without the need for programming. (Figure 3.15)

The Rheo Knee checks the force and angular measurements of the user's gait pattern 1,000 times a second and is able to provide instant support to the user. According to Ossur, the magentorheological (MR) actuator reduces fluid drag present in hydraulic knee control systems, allowing for a more rapid foot-off velocity during pre-swing that allows the pelvis to remain in a more normal position. This means the user can walk longer with less fatigue, and gain increased stability and confidence when walking on ramps, varying terrain, and steps.
The Rheo Knee has aluminum frame and does not need programming. It compiles information about the wearer's movements and programs itself. However, a set-up mode does allow a prosthetic practitioner to fine tune parameters.
A lithium ion battery lasts up to 36 hours in constant use and a power switch allows the user to conserve the battery when it is not in use. Charging time is changing between 3 and 4 hours.

The Rheo Knee is ideal for people of moderate and higher activity levels. It allows for cadence variation and ramp or stair descent. The user's weight should not exceed 198 lbs.

### 3.4.3 Ossur Mauch Knee

There is single axis hydraulic knee system with swing and stance control. Ossur Mauch knee doesn’t have microprocessor for swing and stance control, and so it doesn’t require any battery. The aluminum frame covers the prosthetic knee. (Figure 3.16)
Mauch knee is ideal for short transfemoral amputations because of the enhanced knee flexion lever. Cosmetically good for long residual or knee disarticulation amputations because of the folding linkage and posterior shin set on flexion. Contraindicated for people of small stature because of the knee dimensions.

Mauch Knee Plus is a heavy duty version of the new Mauch Knee. Built on the same advanced technology, it was developed in order to accommodate the needs of users requiring a higher weight limit. A slightly different and more robust frame means that the Mauch Knee Plus is rated up to 166kg.

### 3.4.4 Nabtesco Intelligent Knee

Nabtesco intelligent knee has microprocessor controlled knee joint for active patient. The weight limit for the amputee is 100 kg. Nabtesco produced two different types of joints for intelligent knee. (Figure 3.17)

#### 3.4.4.1 Single Axis Intelligent Knee

It has a carbon fiber composite frame. The braking block is manufactured in titanium. It is lighter than four bar intelligent knee and just only 965 g.
3.4.4.2 Four Bar Intelligent Knee.

It has a carbon fiber composite frame, too. The bushings have been replaced with needle bearings that result in lower friction and a more stable knee joint. Its weight is 1097 g.
3.4.5 Endolite Smart Adaptive

The smart adaptive is newest prosthetic knee of Endolite. It has microprocessor control both stance and swing phases. The Smart Adaptive knee addresses mobility in the context of everyday life. It adapts simply to the most complex terrain. The sensors within the system analyze speed, slopes, stairs and other parameters. Adapting to give security, and enhance the amputee’s lifestyle. New Smart programming mode reduces programming time which allows the knee to begin learning the amputee’s gait nuances. (Figure 3.18)

Figure 3.18 Endolite smart adaptive knee.
Endolite smart adaptive knee lasts 14 days without recharging. Weight limit for the amputee is 125 kg. Its original weight is approximately 1.3 kg.

3.4.6 Endolite IP Plus

Endolite IP plus has microprocessor control for swing phase and mechanical activated stance phase control. Weight limit for the amputee is 125 kg. Its weight is 1247 g. (Figure 3.19)
3.5 Comparison of Marketed Prosthetic Knees

In this part of study, 7 different prosthetic knees from 4 well known companies compared below according to its weight, max flexion, classification, stance and swing phases.

Table 3.1 Comparison table of prosthetic knees

<table>
<thead>
<tr>
<th>PRODUCT</th>
<th>WEIGHT</th>
<th>MAX FLEXION</th>
<th>CLASSIFICATION</th>
<th>STANCE PHASE</th>
<th>SWING PHASE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nabtesco Intelligent knee</td>
<td>1015 g</td>
<td>160°</td>
<td>Wt limit 100 kg</td>
<td>Four Bar linkage mechanism</td>
<td>Microprocessor control Pneumatic</td>
</tr>
<tr>
<td>Nabtesco Hybrid knee</td>
<td>1290 g</td>
<td>140°</td>
<td>Wt limit 100 kg</td>
<td>Hydraulic and MRS</td>
<td>Microprocessor control Pneumatic</td>
</tr>
<tr>
<td>Endolite IP+</td>
<td>1247 g</td>
<td>135°-140°</td>
<td>Wt limit 125 kg</td>
<td>Mechanical weight activated stance control</td>
<td>Microprocessor control Pneumatic</td>
</tr>
<tr>
<td>Endolite Smart Adaptive</td>
<td>1361 g</td>
<td>140°</td>
<td>Wt limit 125 kg</td>
<td>Microprocessor control Hydraulic</td>
<td>Microprocessor control Pneumatic</td>
</tr>
<tr>
<td>Otto Bock C-leg</td>
<td>~1300 g</td>
<td>125°</td>
<td>Wt limit 125 kg</td>
<td>Microprocessor control Hydraulic</td>
<td>Microprocessor control Pneumatic</td>
</tr>
<tr>
<td>Ossur Rheo knee</td>
<td>1630 g</td>
<td>120°</td>
<td>Wt limit 100 kg</td>
<td>Microprocessor control Hydraulic</td>
<td>Microprocessor control Pneumatic</td>
</tr>
<tr>
<td>Ossur Mauch knee</td>
<td>1140 g</td>
<td>115°</td>
<td>Wt limit 136 kg</td>
<td>Single axis stance control</td>
<td>Single axis swing control</td>
</tr>
</tbody>
</table>
CHAPTER FOUR
REMOTE CONTROL DESIGN OF PROSTHETIC KNEE

4.1 Controlling the Knee

In order to control the throttle valve of pneumatic cylinder it’s used apparatus at the previous prosthetic knee. In recent years, with occurrence of intelligent knee we can use remote control easy to program for all types of motion.

The programming procedure is simply to select a speed of walking, and then adjust the valve position of the swing phase control by pressing an increase / decrease button. The settings are then saved at the required speed. Repeating this sequence at two other speeds, automatically leads to the generation of valve settings.

Firstly, an audible sound confirms receipt of signal and end of task at remote control. The flashing led’s switch to selection of speed, inviting the user to select one of speeds or reset. After selection of a speed, the amputee is asked to walk at that speed at right distance while the prosthetist can observe the gait. The increase (+) or decrease (-) of resistance to flexion controls how fast or slow the limb should be extending. An audible sound confirms each resistance change with the additional feature. Once satisfied with the swing phase performance on any step, the SAVE button is pressed. This stores the selected valve settings as well as the average speed at the time of pressing the key. The sequence is repeated for another two speed selections and this will complete the programming procedure.

It is useful to note that the system goes to automatic mode whenever the SAVE button is pressed. This means that the valve position automatically changed with speed. It is possible to go back to the program and simply adjust the valve setting at one speed or change the walking speed selection at a particular valve setting.
The values stored in permanent memory can only be over written by a new programming sequence.

4.2 Components of Electronic Circuit

This electronic consist of following components:

- Step motor to control valve position
- 16f628 microprocessor
- ULN2003
- Buzzer for an audible sound
- Led
- Buttons for sequences
- 7805 voltage regulator

It’s designed and simulated using Proteus.
Figure 4.1 Electronic circuit drawing by Proteus.
4.3 Programming

The pic programming has been written using micro code studio program in basic language. Then hex file which is being programmed to processor was created by pic basic pro complier. The processor was programmed by using dm programmer with icprog.

Unnecessary components were avoided while the electronic circuit is designing. Screwed step motor is used to control the throttle valve from Copal Electronic Company.

16f628 has been selected to fulfill the tasks of microprocessor control unit from Microchip Company. These properties are:

- High programming and Eeprom memory
- Self contained internal oscillator
- Internal pull up resistances

Having self contained internal oscillator and pull up resistances provided the great simplicity at the control unit electronic circuit.

ULN2003 is integrated to drive unipolar step motors. It has provided simplicity to circuit. Lm7805 voltage regulator is used for conducting stable electric current to step motor and microprocessor. Buzzer is used to receive voice alerts.

In the appendix, the program codes are given in detailed line by line.
CHAPTER FIVE
CONCLUSION

The purpose of this thesis is to investigate prosthetic legs developed for transfemoral amputations to walk healthy again, and to give information about parts of prosthetic legs, and also to design control of phases of prosthetic knee with microprocessor.

From thesis results, designing and manufacturing prosthetic legs for above knee amputees are the following points should be taken into consideration:

- Prosthetic legs should be designed light as possible. Therefore, the material selection part is very important during the design of prosthetic leg. Composite material should be preferred as a material of knee frame because the greatest advantage of composite materials is strength and stiffness combined with lightness. Titanium also should be preferred as a material of other components such as knee joints instead of steel or aluminum as possible as because of same reason like using composite material.

- Prosthetic legs should appeal to a wide range of amputee patients, so prosthetic legs’ size has large spectrums for long or short patients because leg length is direct proportional with human length. Moreover, the carrying capacity will be used in the prosthetic leg in a similar way to apply to the seriously heavy weight patient should be because today, most of prosthetic leg has 100 kg carrying limit.

- The stability of designed prosthetic leg is very important. For this purpose, the harmony of knee joint and the control unit should be synchronized.

- The longevity of the production of leg prostheses is very important that is to say Durability. This is explained in the first clause is related to material selection.
• The produced prosthesis leg should be energy saving. Easy rechargeable and designed long life batteries should be used.

If the prosthetic leg is used exclusive use of the special places, such as athletes amputees, it should be changed certain structures based on the conditions. This type of real patients by taking into account the above items that are most optimally designed legs.
REFERENCES


APPENDIX

PROGRAMMING CODES

@ DEVICE pic16F628                      'islemci 16F628
@ DEVICE pic16F628, WDT_OFF              'Watch Dog timer acik
@ DEVICE pic16F628, PWRT_ON             'Power on timer acik
@ DEVICE pic16F628, PROTECT_OFF         'Kod Prote
@ DEVICE pic16F628, MCLR_off 'MCLR pini kullanilMIYOR.
@ DEVICE pic16F628, INTRC_OSC_NOCLKOUT 'Dahili osilatör kullanilacak
OPTION_REG.7=0 'dahili Pull up dirençleri deaktif edildi ayrica pullup
direncine gerek yok.
CMCON=7 '16F628 de komparatör pinleri iptal hepsi giris cikis
TRISA=00000000 'A VE B PORTLARININ GIRIS-ÇIKISLARI AYARLANDI
TRISB=%11111111
porta.6=0
porta.7=0
say var byte      'degisken boyutu tanimlamalari
a var byte         'degisken boyutu tanimlamalari
m var byte        'degisken boyutu tanimlamalari
b var byte         'degisken boyutu tanimlamalari
c var byte     'degisken boyutu tanimlamalari
d var byte     'degisken boyutu tanimlamalari
e var byte       'degisken boyutu tanimlamalari
f var byte       'degisken boyutu tanimlamalari
g var byte       'degisken boyutu tanimlamalari
h var byte       'degisken boyutu tanimlamalari
read 1,c        'eepromdan 16 bitlik yavas yürüyüs bilgisinin ilk
baytini okur
read 2,d        'eepromdan 16 bitlik yavas yürüyüs bilgisinin ikincii
baytini okur
read 3,e        'eepromdan 16 bitlik ortahizli yürüyüs bilgisinin ilk
baytini okur
read 4,f        'eepromdan 16 bitlik ortahizli yürüyüs bilgisinin
ikinci baytini okur
read 5,g  'eepromdan 16 bitlik hizli yürüyüs bilgisinin ilk baytini okur
read 6,h  'eepromdan 16 bitlik hizli yürüyüs bilgisinin ikinci baytini okur
deger var PORTA         'degere degiskenini b portuna yönlendir.
i var word              'degisken boyutu tanimlamalari
l var word              'degisken boyutu tanimlamalari
lu var word             'degisken boyutu tanimlamalari
pozisyon var word
hizlikonum var word     'degisken boyutu tanimlamalari
ortakonum var word      'degisken boyutu tanimlamalari
yavaskonum var word     'degisken boyutu tanimlamalari
gecickikonum var word   'degisken boyutu tanimlamalari
hizlikonum=g+h          'eepromdan okunan 8+8bitlik veri birleştirilir.
ortakonum=e+f          'eepromdan okunan 8+8bitlik veri birleştirilir.
yavaskonum=c+d         'eepromdan okunan 8+8bitlik veri birleştirilir.
say=0
SYMBOL programlama=PORTB.4 ' pin sembol ismi olarak programlama adi
verildi.
SYMBOL hizliyurume=PORTB.3  "pin sembol ismi olarak hizliyürüme adi verildi.
SYMBOL ortayurume=PORTB.2  "pin sembol ismi olarak ortayürüme adi verildi.
SYMBOL yavasyurume=PORTB.1  "pin sembol ismi olarak yavasyürüme adi verildi.
SYMBOL reset=PORTB.0        "pin sembol ismi olarak reset adi verildi.
SYMBOL yukariadim=PORTB.5   "pin sembol ismi olarak hizliyürüme adi verildi.
SYMBOL asagiadim=PORTB.6     "pin sembol ismi olarak hizliyürüme adi verildi.
SYMBOL LED=PORTA.7           "PortA.0 pinine sembol ismi olarak LED adi verildi.

main :                          'ana program
if yukariadim=0  then onur     'alt programa yönlendirme
if asagiadim=0  then ugur       'alt programa yönlendirme
if reset=0 then resetleme       'alt programa yönlendirme
if programlama=0 then program   'alt programa yönlendirme
if yavasyurume=0 then yavasyuru 'alt programa yönlendirme
if ortayurume=0 then ortayuru   'alt programa yönlendirme
if hizliyurume=0 then hizliyuru 'alt programa yönlendirme
goto main                       'basa dön
end

onur :                          'step motoru ileri doğru döndüren alt program
if say>3 then say=0             'sinyal tablosu
lookup say,[1,2,4,8],deger      'adımlar arası bekleme süresi
pause 20
porta=deger
say=say+1
pozisyon=pozisyon+1
goto main                       'pozisyon bilgisi güncellenmesi
'ana programa dön

ugur:                           'step motoru geri doğru döndüren alt program
lookup say,[1,2,4,8],deger
pause 20
porta=deger
if say=0 then say=4
say=say-1
pozisyon=pozisyon-1
goto main                       'pozisyon bilgisi güncellenmesi
'ana programa dön

resetleme:                      'cihazi resetleyip motoru referans konumuna getiren alt program
high led
pause 1000
low led
for i=0 to 550                   'referansa kadar hareketin saglanmasi
if a>3 then a=0
lookup a,[65,66,68,72],deger 'sinyal tablosu
pause 20
porta=deger
a=a+1
next i
pozisyon=0                      'pozisyon bilgisi sıfırlanır.
low portA.0 : low portA.1 : low portA.2 : low portA.3
'bir üst satırdıa step motorun enerjisi kesilir,guç tasarrufu saglanır.
high led
pause 500
low led
goto main 'ana programa dön
END

program:
high led
if hızliyurume=0 then 'hızlı, orta, yavaş yürüme konumları kaydedilir
hizlikonum=pozisyon
write 5,0
write 6,0
if hizlikonum>255 then
write 5,255
write 6,hizlikonum=255
else
write 5,hizlikonum
endif
pause 700
low led
goto main
endif
if ortayurume=0 then
ortakonum=pozisyon
write 3,0
write 4,0
if ortakonum>255 then
write 3,255
write 4,ortakonum=255
else
write 3,ortakonum
endif
pause 700
low led
goto main
endif
if yavasyurume=0 then
yavaskonum=pozisyon
write 1,0
write 2,0
if yavaskonum>255 then
write 1,255
write 2,yavaskonum=255
else
write 1,yavaskonum
endif
pause 700
low led
goto main
endif
goto program

hizliyuru:
'yüküyüs modu alt programi
if hizlikonum>pozisyon then
gecicikonum=hizlikonum-pozisyon 'mevcut pozisyon ve istenen konum arasındaki fark hesaplanır.
goto stepmotorarti
else

gecicikonum=pozisyon-hizlikonum
goto stepmotoreksi
endif

ingorayunu:
if oryakonum>pozisyon then
gecicikonum=oryakonum-pozisyon
goto stepmotorarti
else
gecicikonum=pozisyon-oryakonum
goto stepmotoreksi
endif

yavasyuru:
if yavaskonum>pozisyon then
gecicikonum=yavaskonum-pozisyon
goto stepmotorarti
else
gecicikonum=pozisyon-yavaskonum
goto stepmotoreksi
endif

stepmotoreksi: 'step motorlari hareket ettirerek valfleri istenen konuma getirir.
for l=0 to gecicikonum
lookup say,[1,2,4,8],deger
pause 20
porta=deger
if say=0 then say=4
say=say-1
pozisyon=pozisyon-1
next l
goto main

stepmotorarti
for lu=0 to gecicikonum
if say>3 then say=0
lookup say,[1,2,4,8],deger
pause 20
porta=deger
say=say+1
pozisyon=pozisyon+1
next lu

goto main